

Spirometry 360 Learning Lab Getting Started Guide

Welcome to the Spirometry 360 Learning Labs! The goal of this program is to train you to perform quality diagnostic spirometry in a primary care setting.

The program consists of two components:

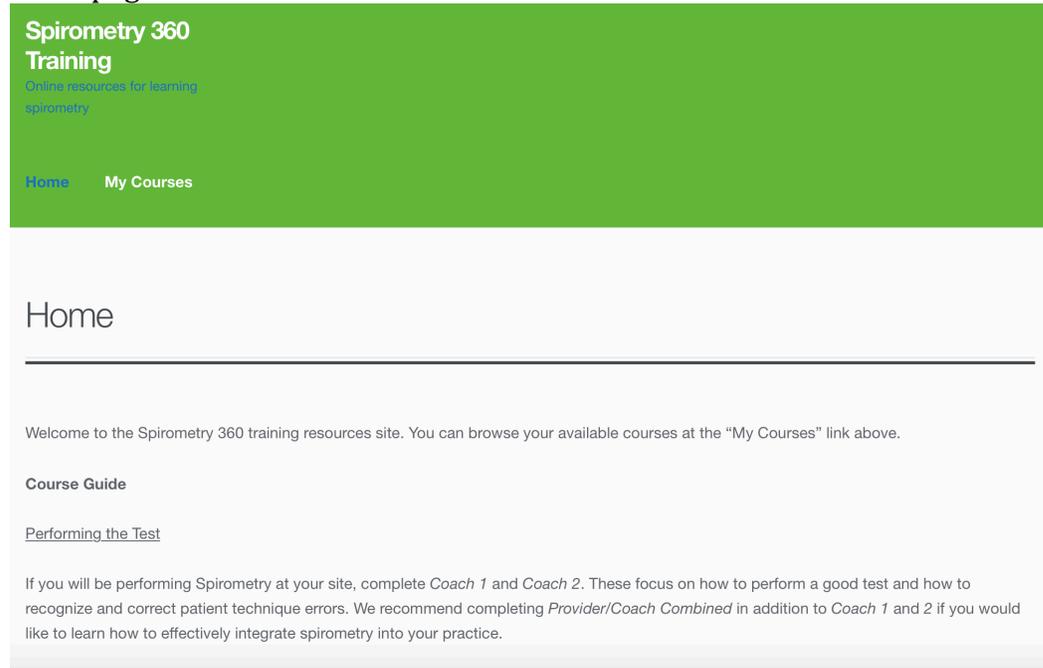
Spirometry Fundamentals: An online and self-paced instructional program that serves as an introduction to diagnostic spirometry. It will introduce you to the “basics” of performing spirometry and prepare you for the more comprehensive Learning Labs.

Spirometry Self-Paced Learning Labs: The Learning Labs are a series of case-based and interactive courses and are the central component of Spirometry 360. Included in the material are sessions for coaches (those who administer the test) and providers (those who interpret the results). Learn from clinical experts how to overcome common obstacles to correct spirometry coaching and interpretation. Our faculty of adult and pediatric pulmonologists and primary care providers (MDs) and respiratory therapists (RTs) guide clinical interpreters and test administrators through case-based examples.

How to get started

URL to access Spirometry 360 training materials:
training.spirometry360.org

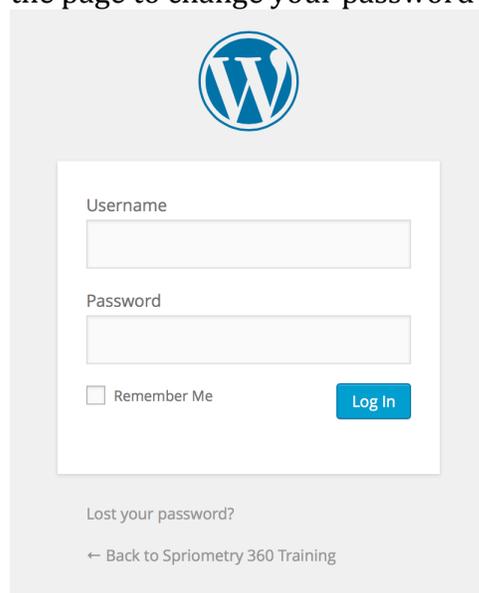
Homepage:



The screenshot shows the homepage of the Spirometry 360 Training website. It features a green header with the text "Spirometry 360 Training" and "Online resources for learning spirometry". Below the header, there are navigation links for "Home" and "My Courses". The main content area is white and contains a "Home" heading, a horizontal line, and a welcome message: "Welcome to the Spirometry 360 training resources site. You can browse your available courses at the 'My Courses' link above." There is also a "Course Guide" section with a link to "Performing the Test" and a paragraph of introductory text about completing Coach 1 and Coach 2 courses.

Login Page:

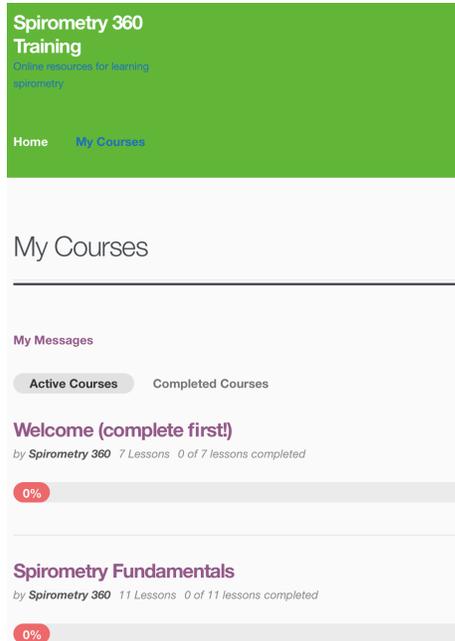
Here you will enter your username (email address) and password. This will also be the page to change your password using the "Lost your password?" feature.



The screenshot shows the login page of the Spirometry 360 Training website. It features a blue circular logo with a white 'W' at the top. Below the logo is a white login form with a "Username" field, a "Password" field, a "Remember Me" checkbox, and a "Log In" button. At the bottom of the form, there is a link for "Lost your password?" and a "← Back to Spirometry 360 Training" link.

Beginning a Course

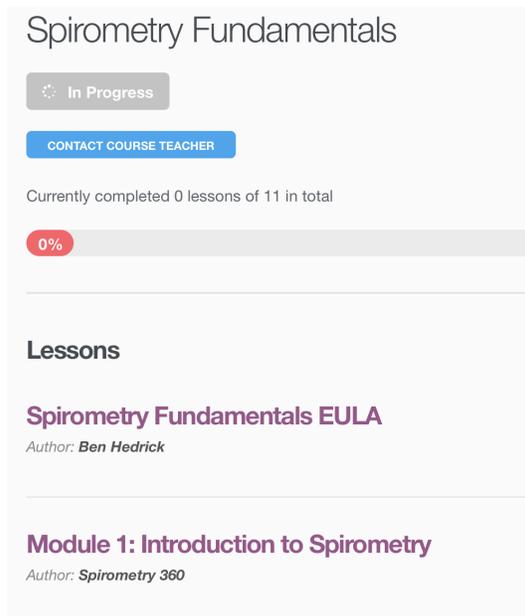
On the homepage, click on My Courses, which will take you to a page with your available courses.



You will see a completion bar for each course that will fill up as you complete the course modules. Click on one of the courses to get started.

Modules

Once you choose a course, you will see a list of all the modules for that course.*

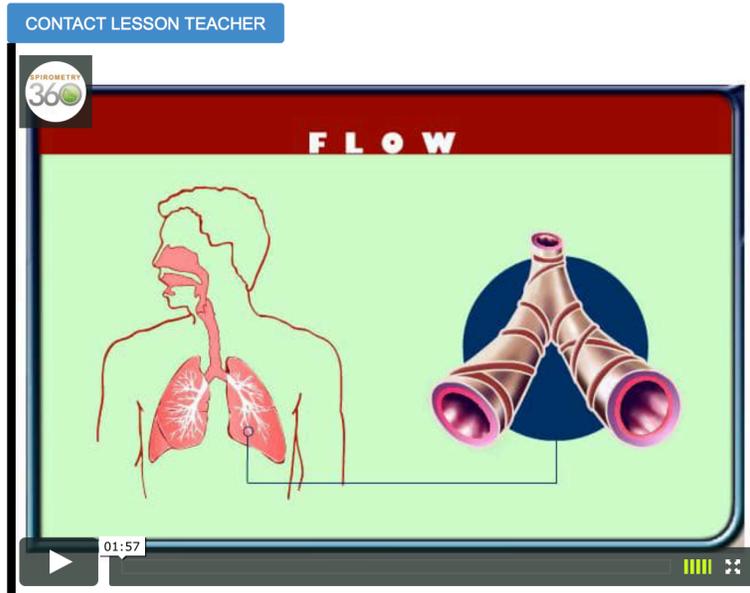


** We recommend that you complete the modules in the order listed, but they can be selected individually. You may find this useful when reviewing the material additional times.*

Content Page

Each content page will have one video to view. Here is an example what you will see when you begin a module:

Module 1: Introduction to Spirometry



Please watch the video then click “VIEW THE LESSON QUIZ” to complete the quiz for this module.

i You require 100% to pass this lesson's quiz.

[VIEW THE LESSON QUIZ](#)

When the video is finished, click the “VIEW THE LESSON QUIZ” button to continue to the quiz for that module.

Some modules may not have a quiz associated with it. In such a case, click on the “COMPLETE LESSON” button to complete that lesson.

Quizzes

An important element of the Spirometry 360 Learning Labs is your active involvement in the learning process. By taking short quizzes as you move through the material, you will be able to confirm your understanding of the concepts being covered and learn where you should review.

How to take a quiz:

Read each question and choose the best answer.

Module 1: Introduction to Spirometry Quiz

CONTACT TEACHER

 You require 100% to pass this quiz.

What does spirometry measure? [1]

- How much air is exhaled and how fast it is exhaled
- Airway inflammation
- How fast air is exhaled
- How long you can hold your breath

Why is spirometry used in primary care? [1]

- Identify the presence of flow obstruction, and whether it is reversible
- Monitor how many cigarettes the patient is smoking
- To determine the cause of each patient's lung disease
- To determine the exposure to pollution

Some lung disorders affect how MUCH air is exhaled. These disorders affect: [1]

- Volume
- Flow

Once you have chosen your answer for each question, choose “COMPLETE QUIZ” to submit your answers for automatic grading.

COMPLETE QUIZ

SAVE QUIZ

RESET QUIZ

< Spirometry Fundamentals EULA

Module 2: The Spirometric Maneuver >

Once you submit your answers, continue to the next module by using the navigation on the bottom of the screen. In this example, you would select “Module 2: The Spirometric Maneuver”.

Finishing a Learning Lab

Once you finish a Learning Lab and are ready to begin another, select My Courses from the top menu to continue to the next Learning Lab.